



fez

MOROCCAN
SPA



BLISSFUL OASIS



Covered in *zellige*, coloured and chiseled geometric tiles, brings forth the architecture coming from Fez, Morocco. A sanctuary where you can slow down and be rejuvenated.

The main goal of our spa is to neutralize both the outer and inner lives of every man and woman by providing an atmosphere that aids the body to adapt to different techniques and forms of healing therapy. *Hilot*, a Filipino term meaning “healer,” is a hands-on ancient healing art that involves intuition, massage and a spiritual element in its roots.

Start your venture in our facilities: unwind and inhale in our steam room; get a blushing glow in the fitness center; appreciate a reviving treatment and at that point, jump into one of the best open air pools in Makati.

ENHANCING YOUR SPA EXPERIENCE

It is our intention to provide our guests with a professional and therapeutic massage. The following policies and procedures serve as a guide for first-time and regular guests of Fez Spa.

RESERVATIONS

To book an appointment, please call + 63 2 876 3333 or dial 0 on your room phone and one of our coordinators will be happy to assist you.

ARRIVAL TO YOUR MASSAGE

Please arrive for your appointment 15 minutes prior to the scheduled starting time. This allows you the time to fill out the appropriate client form (new clients), change and prepare for the service.

CANCELLATION POLICY

To reschedule or cancel an appointment and avoid any charges, please notify the spa at least 12 hours in advance. No - show appointments are subject to full charges for reserved services.

HOURS OF OPERATIONS

Massage Treatments: 2 p.m. - 11:00 p.m.
Fitness Center: 6:00 a.m. - 10:00 p.m.

LATE ARRIVAL

Please call us at + 63 2 876 3333 if you're running late. In order to remain on schedule for all our clients, we may shorten your service time if you are late for your appointment. The regular service price will apply.

HEALTH MATTERS

When booking, please inform us of any health conditions (e.g. high blood pressure, heart conditions, allergies, and pregnancy). Consumption of alcohol before, during, or directly after spa treatments is not recommended.

SPA ATTIRE

In each treatment area, we provide robes and towels to wear and use for the steam and/or sauna. Our therapists are trained in draping procedures to ensure your complete privacy; however if desired, undergarments may be worn during treatments.

GRATUITIES

Additional gratuities can be added to your bill for exceptional service upon check-out.

SPA SERVICES



SWEDISH MASSAGE

60 MINUTES | PHP 900.00

Swedish massage is exceptionally beneficial for increasing the level of oxygen in the blood, decreasing muscle toxins, improving circulation and flexibility while easing tension.

**Additional Php 400.00 for the use of wet room.*

SHIATSU MASSAGE

60 MINUTES | PHP 900.00

According to the Japanese healing treatment, Shiatsu or finger pressure massage uses thumbs, fingers, elbows, and knees to concentrate pressure at certain energy pathways in the body.

**Additional Php 400.00 for the use of wet room.*

COMBINATION MASSAGE

80 MINUTES | PHP 1,200.00

A combination of Swedish, Shiatsu and Thai Massage. Highly recommended for people who are active and athletic.

**Additional Php 400.00 for the use of wet room.*

TRADITIONAL "HILOT" MASSAGE

90 MINUTES | PHP 1,300.00

A Traditional Filipino way of using coconut oil with mineral oil. This massage is good for stress and releases negative energy.

**Additional Php 400.00 for the use of wet room.*

DEEP TISSUE MASSAGE

90 MINUTES | PHP 1,300.00

Deep tissue massage therapy is beneficial in releasing chronic muscle tension. The focus is on the deepest layers of muscle tissue, tendons and fascia.

**Additional Php 250.00 for the use of wet room.*



HOT STONE MASSAGE
90 MINUTES | PHP 1,500.00

Hot stone massage stimulates the circulatory system, promotes self-healing, relaxes and helps relieve pain and muscle spasms. The stones are heated or frozen and are worked over the body and is repeated on the arms, hands, and fingers

**Additional Php 400.00 for the use of wet room.*

VENTOSA
60 MINUTES | PHP 1,200.00

Cupping therapy is an ancient form of alternative medicine in which a therapist puts special cups on your skin for a few minutes to create suction to help with pain, inflammation, blood flow, relaxation and well-being.

**Additional Php 400.00 for the use of wet room.*



FOOT MASSAGE

THAI FOOT MASSAGE
60 MINUTES
PHP 800.00

Thai Foot Massage is for those seeking a more penetrating relief. It opens the body's energy lines, and wooden sticks are used to massage and stimulate reflex points.

**Additional Php 400.00 for the use of wet room.*

ORIENTAL FOOT THERAPY
60 MINUTES
PHP 800.00

Oriental massage aims for total wellness by targeting pressure points on the feet that correspond to specific body areas. Healing, re-balancing, detoxifying and provides relief from aches and pains.

**Additional Php 400.00 for the use of wet room.*

PEPPERMINT FOOT RUB
60 MINUTES
PHP 1800.00

Enjoy a cleanse and massage in one. Purifies feet with a soak, scrub, and filing. Providing the overall experience with total care, moisturizing and a soothing massage

**Additional Php 400.00 for the use of wet room.*





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